**Volunteer Brief**

**Preventative Mental Health Project Worker**

**About the organisation**

One-Eighty, established over a decade ago, has a significant track-record supporting young people aged 4-18, and their families, with their mental health and education needs. We achieve this through tailored therapeutic psychology-based interventions and preventative early help projects.

Over the last academic year, we have directly impacted the lives of nearly 1800 young people and their families. Working across Buckinghamshire and Oxfordshire, we support young people in the following ways:

* intensive one-to-one interventions for those with the most complex needs which usually prevent them from attending school;
* preventative mental health/ early help projects to teach strategies to support mental health needs;
* training and therapeutic supervision for professionals to enable them to support young people with their mental health and education challenges;
* working with individual schools to create a whole-school approach to supporting young people’s mental health (Schools Partnership Model). Positively impacting staff retention, attendance figures, community engagement and Ofsted ratings. Ultimately improving whole school outcomes.

**About the role**

The role of Preventative Mental Health Project Worker will support the Project Lead in the preparation for, and delivery of, One-Eighty’s preventative mental health projects including Make Me Smile, Kick Start and the Summer Project.

There is also the opportunity of assisting with the marketing of projects, particularly Make Me Smile and processing of feedback from young people attending the project.

**Task and responsibilities**

Overseen by One-Eighty’s Project Lead and supported by the Volunteer Coordinator, this role involves:

* preparing the resources to take to project sessions
* creating, maintaining, and developing impact/outcomes data collected pre- and post-sessions,
* supporting the delivery of the sessions to young people themselves - taking a lead role in this is part of the development roles associated with this volunteering opportunity

**Skills and qualities needed**

* You will be inducted and trained on the service standards for delivery.
* We will also provide training and mentoring to help you understand the administrative and data record-keeping requirements.
* You are required to complete a DBS check.
* You will need to undertake safeguarding and other related training courses prior to this volunteer placement. You will also need to read and agree to safeguarding and service delivery policies prior to the project delivery. One-Eighty holds safeguarding young people as one of its main priorities to enable impactful and high-quality delivery of services.

**When and where**

**Make Me Smile:**

We are currently expanding the delivery of this project. Initially, you will be involved in the marketing around this with project delivery opportunities to follow.

**Kick Start:**

This project is being delivered on an ongoing basis to a variety of schools so there are opportunities to become involved in project delivery immediately.

We need volunteers who can be available for a 7-week block - approximately 1/2 a day each week over the 7 weeks.

* The schools we work in are located throughout Oxfordshire and Buckinghamshire. There are potential opportunities for car sharing and you can decline an opportunity if it is not viable for you.
* Attendance at our Oxford office will be required for the preparation of materials depending on the project you are assisting with.

**Support offered**

* You will be partnered with a member of the Preventative Mental Health Project team who will be able to support with questions/ queries.
* You will receive supervision during the length of the project you are working on to ensure you feel supported with any issues that arise.

**Benefits**

* You will be part of a small, friendly Preventative Mental Health Project team and will play a vital role in supporting children and young people’s mental health.
* You will have the opportunity to develop skills in working with vulnerable children and young people in the school environment as well as marketing if desired.
* We organise a regular staff team training slot at the office on a Monday (2-3pm). Some training slots may be of wider interest to volunteers, and they would be welcome to attend should they wish.

**Expenses**

* We encourage all our volunteers to claim expenses as we do not want you to be out of pocket for giving your time. We also want to make sure that volunteering with us is accessible to everyone regardless of their personal circumstances.
* We will reimburse the travel costs of volunteers and our Volunteer Expenses Policy sets out how we will do so. It is written to ensure that neither we nor our volunteers face any legal, tax or benefits problems.

**Any other information**

* + You will need access to your own laptop/ desktop computer
  + One-Eighty will provide a confidential login to Office 365 and relevant email addresses.